

May 4th—National Star Wars Day

History

National Star Wars Day started in Toronto, Ontario in 2011.

Ideas for celebrating

- Wear your favorite Star Wars clothing and/or costumes
- Watch your favorite Star Wars movie
- Play Star Wars Trivia—Just Google "Star Wars Trivia" and you'll have enough trivia to last all day!
- Learn about George Lucas
- Greet people with "May the 4th Be With You"
- Make some star wars snacks. I'm going to let the kids put green grapes, blueberries, or strawberries on skewers that have a duck tape handle and call them green, blue, and red light sabers.



May 11th—National Stamp Out Hunger Food Drive Day

Ideas for Celebrating

- Visit usps.com or nalc.org to find out if your local post office participates in this day. If they do, leave a non-perishable food items for your mail carrier to collect.
- If you want to go a step farther, volunteer to help sort food at your local post office.
- If your local post office does not participate in this food drive, do your own family food drive. Gather some non-perishable food items and donate them to a local food bank.
- Read Matthew 25:34-40 together and talk about ways that we can show God's love to others.



May 18th—National Cheese Souffle Day

What is a Souffle anyway!?

A souffle is a French dish made of cream and egg whites. The egg whites make it very light and fluffy. The word souffle means "to blow up" or "puff up." They started being made around 1742 and kept gaining in popularity in France. Today there are many different flavors and versions of souffle.

Ideas for Celebrating

- Try your hand at making a cheese souffle! It will be a culinary adventure!
- Or just find a restaurant near you that has a souffle on the menu and order it!
- Read 1 Cor. 13:4 and talk about how love is not "puffed up." Remember to talk about
 the greatest example of love—Jesus dying on the cross to forgive us for the times that we
 were "puffed up."



May 25th—National Brown-Bag-It Day

The History of Paper Bags

In 1852 a schoolteacher invented a machine that could mass produce bags. She then started the Union Paper Bag Company. Through the rest of the 1800s paper bags went through several modifications by different people to make them better. These modifications included square bottoms, more room, and pleated sides. In 1912 a grocery store owner from St. Paul, Minnesota added string handles and made the bag sturdier. His bag has become the standard for most paper bags today.

Ideas for Celebrating

- Pack a picnic lunch in a brown paper bag and go on a picnic!
- Make paper bag puppets with smaller bags or paper bag costumes with bigger bags.
 Get creative!

Supplies for celebrating the May National Holidays

May 4th - National Star Wars Day

- Star Wars Movie, Trivia, clothing as desired
- Green Grapes, Blueberries, Strawberries, wooden skewers, duct tape for fruit light sabers

May 11th - National Stamp Out Hunger Food Drive Day

- Find out if your local post office participates in Stamp Out Hunger. Check usps.com or nalc.org.
- Non-perishable food items

May 18th - National Cheese Souffle Day

- Ingredients for Cheese Souffle—Cheese, cream, sour cream, eggs, butter, flour, mustard, cream of tartar.
- You don't need to buy a souffle dish, any baking dish will be fine.

May 25th - National Brown-Bag-It Day

- Brown paper bags (large and/or small)
- Your favorite picnic foods